

OCR BREAKDOWN

Bonus

COMMUNITY

COMMUNITY

If you haven't experienced it yet, you soon will. Obstacle Course Racing provides a community atmosphere unlike any that you've seen before...

YOU WILL FIND A HELPING HAND...

When I worked for Spartan Race as the SGX Operations Assistant, one of my roles while being on site at a race was to perform what was referred to as the "Sweep Heat". In that role, I would navigate the course behind the final heat of the day, helping those in need and ensuring that all of the racers were safely through the finish line. Often what I would find was a group of complete strangers. All of varying age, occupation, race and ethnicity who entered the race, all for different reasons.



For some, it was because they were told by a doctor they could not or should not. For others it was just to try something new. There were even those who were using the race as a release for some type of loss that they were facing in their lives. Whatever their reasons, they had found each other somewhere on their journey through the course.

Never have I seen a group of strangers become so close in such a short amount of time. When someone needed a hand, all they had to do was look right or left. A knee to step on? They could turn to a neighboring racer. Camaraderie among strangers. Maybe not a common occurrence in the busyness of everyday life, but...



IT'S JUST HOW IT WORKS IN THE SPORT OF OCR.

WE CAN SAY WITH CONFIDENCE THAT **YOU WON'T BE ALONE**

#STRONGERTOGETHER